

## Organization



Helsinki Shelter Association is a non-profit, non-governmental organization, founded 1978.

The purpose of Helsinki Shelter association is by the means of its forms of work to prevent domestic violence, to help to cope with, and to recover from it. Association especially supports families with children in the risk of marginalization.

### To achieve its goals the association

- provides both institutional and open care services for all family members in domestic violent situations
- supports child protection service families
- enables children's right to meet parents in difficult family situations
- takes part in public discussion to improve the situation of children and families in the risk of marginalization
- provides research, publication, information and education

The association works in the field of domestic violence through three different forms of work - the shelters, Kilpola supported accommodation unit, and Domestic violence unit. These units offer professionally produced institutional and open care services for all those involved in domestic violent situations.

### Our service users include:

Children or adults who have experienced domestic violence

People who have committed acts of domestic violence

Those close to people who have experienced or committed acts of domestic violence

Helsinki Shelter Association can be supported by becoming a member of the organization or by working as a volunteer in its different forms of work.

More information:

[www.paakaupunginturvakoti.fi](http://www.paakaupunginturvakoti.fi)

Contact:

[toimisto@paakaupunginturvakoti.fi](mailto:toimisto@paakaupunginturvakoti.fi)

## Helsinki Shelter Association

An influential organization against domestic violence: Prevention, support, recovery

Safety around the clock

Steniuksentie 20, 00320 Helsinki

Member on The Federation of Mother and Child Homes and Shelters

## Shelters

Shelters are a short-term refuge intended for those who experience violence, abuse or threat in their close relationships, and when it's not safe to stay at home.

Shelters provide support in an acute crisis, in recovering from a crisis and counseling in violence-related issues, by trained staff available 24 hours a day.

The aim is to strengthen the clients' own resources, and to support them in setting and achieving their own aims and goals in life.

Children are also provided support in recovering from their experiences by the shelter staff specialized in working with the children. Their experiences are made visible and their parents are made known of the effects of domestic violence on children.

Services in the shelters are provided free of charge.

### **Shelter Haaga**

Steniuksentie 20, 00320 Helsinki  
09 4777 180 (24/7)

### **Shelter Toukola**

Hämeentie 126 F, 00560 Helsinki  
050 5650636 / 24H

### **Shelter Pellas**

Kuninkaantie 40 A, 02940 Espoo  
040 457 3840/24h

## Kilpola supported accommodation unit

Kilpola's Supported Accommodation Unit assists victims of domestic violence to achieve lives free of violence, abuse, and fear; we also assist clients to stabilize and rebuild their lives.

Most clients come to Supported Accommodation from Shelters. For such clients, the focus is on aftercare work aimed at assisting them for independent living.

Clients living in Kilpola are provided professional help and support in recovering from traumatic experiences, as well as practical help in daily living. Unit staff have experience in working with immigrants.

Adult and children clients meet with workers specially assigned to them weekly. Clients also have the option of going to the Duty worker during office hours to ask for assistance regarding acute situations and issues.

### **Kilpola supported accommodation unit**

Kilpolantie 2, 00940 Helsinki

### **Senior social worker**

050 591 4650

### **Social counselor (adults)**

050 324 9178

### **Social counselor (adults)**

050 050 564 3392

### **Social counselor (children)**

040 4578 207

### **Social counselor (children)**

040 457 8207

## Domestic violence unit

In cases of domestic violence (or the threat of it) the Domestic violence unit provides help for all family members in the form of therapeutic conversations. The aim of the work is to recognize and to end and prevent violence. It also aims to help to cope with and emotionally recover from violent experiences.

Methods of work are individual, couple and family meetings, and co-operation with other professionals supporting the family. Domestic violence unit services are meant for the citizens of Helsinki and they are provided free of charge.

Domestic violence unit provides services for men and women who have been abused or have been abusive themselves in their close relationships. Contact can also be made for preventive purposes.

### **Senior domestic violence specialist**

050 301 0748

**Domestic violence specialist** 050 526 0344

**Domestic violence specialist** 050 324 9168

**Domestic violence specialist** 050 407 3968

Child and Youth counseling provides services for the children of the unit's adult clients. It provides a safe forum for the children to process their experiences of domestic violence.

**Domestic violence specialist** 050 592 3026

### **Domestic violence unit**

Kilpolantie 2, 00940 Helsinki